

# The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

**Our Lady Help of Christians' Church**  
31 Oxford Street, Epping and

**St Gerard Majella Church**  
543 North Rocks Road, Carlingford



**Parish Priest: Fr Jim McKeon**  
Tel.: 9876 2853  
Email: [jim@eppcarl.org.au](mailto:jim@eppcarl.org.au)

Email: [parish@eppcarl.org.au](mailto:parish@eppcarl.org.au)

**Assistant Priest: Fr Bogdan Skupien**  
Tel.: 9876 2853  
Email: [Bogdan.Skupien@bbcatholic.org.au](mailto:Bogdan.Skupien@bbcatholic.org.au)

**Parish Office: 9876 2853**

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's Church at Carlingford and Our Lady Help of Christians' Church at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebration of the Eucharist together will provide both nourishment and challenge on your Christian journey.

**YEAR B**

**PALM SUNDAY OF THE PASSION OF THE LORD**

**28-03-21**

**Is 50:4-7**

**Phil 2:6-11**

**Mk 14:1-15:47**

Dear Parishioners,

**Booking for Masses in Holy Week:** Many people have already booked for the Easter liturgies. Bookings are needed for the liturgies on Holy Thursday, Good Friday, the Easter Vigil and Easter Sunday. Go to [www.eppcarl.org.au](http://www.eppcarl.org.au) or phone 9876 2853 during office hours.

**Mass of the Lord's Supper:** The solemn remembrance of the Last Supper, followed by an hour of adoration of the Eucharist. Thursday, April 1<sup>st</sup>, 7.30pm in both churches.

**Stations of the Cross:** Jesus' last hours told through word, action, song and silence. Friday, April 2<sup>nd</sup>, 10am in both churches.

**Passion of the Lord:** Solemn proclamation of Jesus' passion, veneration of the Cross and Holy Communion: Friday, April 2<sup>nd</sup>, 3pm in both churches. Note that this is a long and solemn service less suitable for children.

**Easter Vigil:** The resurrection of Jesus proclaimed through the liturgies of light, word, baptism and eucharist. Note that this is a long and solemn service less suitable for children. Saturday, April 3<sup>rd</sup>, 7pm in both churches.

**Easter Sunday:** The resurrection of Jesus proclaimed in each Sunday Mass: Sunday, April 4<sup>th</sup>, 7.45am at 9.30am at St Gerard's, 8.30am, 10.15am and 6pm at OLHC. St Gerard's 9.30am and OLHC 6pm will be a family & children's Mass.

**Letterbox invitations:** Thanks to everyone who have already begun delivering our 15,000 Easter invitations East-er around our parish. The postcards at St Gerard's are for delivery in Carlingford and West Pennant Hills. The flyers at OLHC are for Cheltenham and the western side of Epping (the eastern side and North Epping are being delivered by the Anglican and Uniting Churches who are sharing this project with us). Please take some cards / flyers from the back of the church, cross off some streets and deliver them before Thursday this week. Bring back any leftovers so that

others can deliver them. And better still, why not knock on your neighbour's door and deliver an invitation in person?

**Working bees:** If you're reading this online (and more people now read the ebulletin than the printed bulletin) then it's not too late to come and join us on Saturday, March 27<sup>th</sup>, for an hour or two from 8am – 10am at OLHC, or 1pm – 3pm at St Gerard's at a working bee to get our church and grounds looking good and ready for Easter. We need people who can repair, wash, prune, rake and weed – pick your favourite job, and bring the tools and gloves you need with you.

**Reconciliation:** The Sacrament of Reconciliation will be available this Monday night 6pm – 7pm at OLHC. On Good Friday Fr Bogdan and Fr Jim will offer it in each church following the Stations of the Cross. We have been offering the sacrament on Monday nights and Friday nights throughout Lent, and there has been such a positive response with many people coming forward, we will continue this after Easter. It will continue on Friday nights at 7.30pm at St Gerard's from April 8<sup>th</sup>. We'll take a two-week break at OLHC and recommence Monday nights at 6pm from April 26<sup>th</sup>.

**Chrism Mass:** Every year during Holy Week the bishop celebrates the Chrism Mass with people from every parish in the diocese. This year due to covid restrictions places are limited, however, 4 representatives from our parish have been invited. The holy oils which will be blessed at this Mass will be presented to the parish at Mass on Holy Thursday.

**Project Compassion:** Thanks to everyone who has brought back their Project Compassion boxes or envelopes this weekend. If you haven't yet brought yours back, please bring it back the week after Easter (not Easter Sunday) to the parish office or the sacristy of either church.

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**Holy Land Collection:** On Good Friday we take up a collection to support Christians in the Holy Land. Christians are a small minority in the Middle East and are sometimes living under siege, so our support for them is vital. You can place a donation in either collection box in the church, or go to <http://holylandfranciscansaustralia.org/> or <https://aidtochurch.org/>

**Flood Appeal:** Now that the rain has stopped, residents of the mid-north coast are starting to see the extent of flood damage to their homes and properties. The St Vincent de Paul Society has launched a flood relief appeal. Donations can be made by calling 13 18 12, at [www.vinnies.org.au/NSWFloodAppeal](http://www.vinnies.org.au/NSWFloodAppeal), or at any Vinnies Shop.

Fr Jim McKeon

## Holy Week Timetable

**Please Note: All Liturgies/Masses will be held in both Churches. +**

### The Easter Triduum

#### Holy Thursday 1st April 2021

No morning Mass

**Evening Mass of the Lord's Supper 7:30pm** [After Mass, if you would like to remain or return to the church later in the evening, there will be prayer before the Eucharist].

**Night Prayer** after an hour of adoration. [Please try to come for some of this vigil of prayer—to spend some time with the Lord].

#### Good Friday 2nd April 2021

No morning Mass

**Stations of the Cross 10:00am**

**Solemn Liturgy of the Lord's Passion 3:00pm**

#### Holy Saturday 3rd April 2021

**Morning Prayer 10:00am** Holy Saturday is traditionally a day of solemn vigil [and fast], of waiting for the resurrection. Mass and the sacraments are not celebrated on this day. However, to spend some of this vigil of prayer together, there will be Morning Prayer in both churches.

**Mass of the Easter Vigil—The celebration of the Resurrection 7:00pm [not 7:30pm]**

This is the most important Mass in our Church's year and the principal Easter celebration. Please be there, rain, hail or shine! The Easter Vigil being the Church's principal liturgy of the year, will be no supper after Mass due to COVID-19 restrictions

#### Easter Sunday 4th April 2021

**Our Lady Help of Christians' Masses**

8:30am, 10:15am, 6:00pm

**St Gerard Majella's Masses**

7:45am, 9:30am



## Sacred Time

Not a concept that sits comfortably with today's busy, rushing world.

But that's what we're invited to enter into in this *holy* week

Sacred time. Time set apart. Time where we set ourselves apart from the normal routine of life.

In our tradition we should not really speak of the *liturgies* of the Easter Triduum, but rather of the liturgy of the Easter Triduum. It is one liturgy, extending over three days.

In the celebrations of the Easter Triduum only one celebration begins with the sign of the cross—and that's the evening Mass of the Lord's Supper on Holy Thursday. The others begin without introduction—because the one liturgy has now begun. And only one liturgy ends with the blessing and dismissal—and that's the celebration of the Easter Vigil—because only then has the Easter liturgy been completed.

These little differences in the way the celebration begin and end invite us to remember that we have entered sacred time.

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## PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	28/03/20	11:15am	PMR Carlingford Baptism Preparation
			Meeting (not held last week).
		11:00am	St Gerard's practice Lord's Passion
		11:30am	OLHC practice for Lord's Passion
		7:00pm	PMR Epping Antioch meeting
Mon.	29/03/21	9:30am	Mass at St Gerard's
		2:00pm	OLHS School—Reconciliation Yr. 4
		6:00pm	OLHC Reconciliation & Adoration
		7:30pm	Diocesan Lenten Program—Zoom
		7:30pm	St Gerard's Church—Rosary Group
Tue.	30/03/21	10:45am	PMR Epping—Lenten Group
		12:15pm	Mass at OLHC Church
		7:00pm	Zoom meeting for First Eucharist
Wed.	31/03/21	9:15am	Mass at OLHC Church
		9:30am	Mass at St Gerard's
		7:00pm	Zoom meeting for First Eucharist
Thur.	01/04/21	10:00am	No Healing Mass at St Gerard's
		12:15pm	No Mass at OLHC Church
		7:30pm	No Men of St Joseph
		7:30pm	Mass of the Lord's Supper at both churches, followed by one hour of adoration and then night prayer
Fri.	02/04/21	9:30am	No Mass at St Gerard's Church
		10:00am	Stations of the Cross both churches
		11:00am	Reconciliation will be offered in both churches after the Stations of the Cross
		12:15pm	No Mass at OLHC Church
		3:00pm	Solemn Liturgy of the Lord's Passion in both churches.
		7:00pm	Cana Group on school holidays
Sat.	03/04/21	10:00am	Morning Prayer in both churches
		7:00pm	Mass of the Easter Vigil will be held in both churches
Sun.	04/04/21	7:45am	Mass at St Gerard's
		8:30am	Mass at OLHC
		9:30am	Mass at St Gerard's Family Mass
		10:15am	Mass at OLHC
		6:00pm	Mass at OLHC—Family Mass

## Returning Project Compassion Boxes and Envelopes

Please return Project Compassion boxes and envelopes over the Easter Triduum.

Baskets will be provided at the church doors at each celebration. (Please help our counters by turning coins into notes (or gold coins)).

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That on Holy Thursday we enter one great liturgy spanning three days. And that therefore the Easter liturgy is not confined to only what happens in church, important as that is. The whole three days are liturgy—we come to the church, we return home, we return to the church: but it's all liturgy.

And therefore what happens at home or wherever we go when we leave the church is as important as what happens when we are there. *We* are the celebrants of the hour-by-hour liturgy of Easter between the times when we gather in the church itself.

Which puts before us the question: How will we spend next weekend? What will fill the spaces between the formal times of liturgical celebrations? How will we enter into the *retreat* which the days of the Easter Triduum are meant to be? How will we allow it to be *sacred time*?

## PARISH STAFF

## Parish Secretary:

**Dennis Porteous** Ph.: 9876 2853  
Email: dennis@eppcarl.org.au

## Asst. Parish Secretary:

**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

## Pastoral Care Assistant:

**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Parish Support Worker (PSW)  
Sacramental Programmes and  
Children's Ministries**

**Lynn Siau**

Ph.: 0407 255 593  
Email: lynn@eppcarl.org.au

## Sacramental Programme Assistant:

**Lisha Abraham**

Ph.: 0407 255 593  
Email: kids.sacrament@eppcarl.org.au

## Pastoral Support Worker (PSW) Youth:

**Joanna Mak**

Ph.: 0404 710 588  
Email: joanna@eppcarl.org.au

## Missionary Discipleship Coordinator:

**Denis McNamara**

Ph.: 0410 041 944  
Email: denis.mcnamara@eppcarl.org.au

## Parish Pastoral Council

If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to **ppsecretary@eppcarl.org.au**

## Parish Information



**GRAB YOUR BASKETS!**

*We're Going on an Easter Egg Hunt!*

The Easter Sunday morning tea and the hunt is on after Mass on school grounds

**9:30am Family Mass**  
**4 April 2021**  
**St Gerard's Carlingford**

Don't miss out on the fun!

Please contact [lynneppcarl.org.au](http://lynneppcarl.org.au) if you would like your child to participate in this Mass. The children can read, be involved in the Gospel mime, or one of the processions

*We hope to see you there!*


**ALPHA**

Parishioner Mery invites you ~ ***Come to Alpha***

*"I was hesitant to try Alpha as I didn't want to commit myself to something I had never heard about. I went out of curiosity. I wanted to know what Alpha is all about. What could I learn from it? How could it help me to grow my faith? So, I signed up for Alpha. Before joining Alpha, I used to wonder about those big questions of life and how to live a life pleasing to God?"*

*After attending Alpha & watching several videos, especially after meeting some inspirational leaders and members in my group, who shared their life-changing experiences, I became more attracted to it. I can see that my life has changed step by step. I can feel the presence of the Holy Spirit in my life. The Holy Spirit is guiding me throughout my life journey. Alpha has provided me with some basic answers to my longing for something more to life.*

*If you want to know more about Jesus, if you want to have answers to your big questions of life, "Come and See". Try Alpha! You will have a great time that is not only enjoyable but also fulfilling. You will be amazed at how wonderful your journey of faith will be".*

From Mery's talk at 2 Masses

Alpha is an open, informal, and honest space. Explore and discuss ***life's big questions***, together! It is time to ***Come and See*** for yourself.

Come with your friends and your neighbours. You are invited to Alpha. Use the link.

[Learn about Alpha](http://EppCarl.org.au) or go to [EppCarl.org.au](http://EppCarl.org.au)

In the top line click on **Groups and Ministries**, then click on **Alpha**.

**Join us at Alpha**

Bring a friend or a neighbour or befriend your neighbour and invite them.

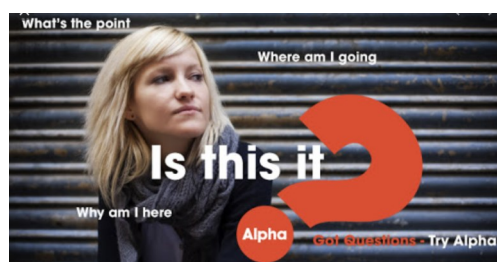
**Where:** **St Gerard's Parish Hall**, through the carpark at 543 North Rocks Road, Carlingford.  
Walk beside the Church or drive down to the car park.

**When:** **Tuesday, 13th April for 7:00pm evening meal.**

Join us over a hot meal.

See a movie—***Is there more to life?***

Enjoy tea or coffee with dessert We finish around 8:30pm.





## Youth And Young Adults

## OUR PARISH ANTIOCH COMMUNITY



## Meeting this Sunday, 28h March

Why not come along to the Antioch meeting to hear a great talk, join in discussion time get into some awesome music, take time out for prayer and meet people.

The meeting starts at 7pm in the parish meeting room at Epping  
So head on down and bring a friend.  
For more information call

Joanne 0416 030 927, Karen 0421 506 577 (parent supporters)

*"It was at Antioch the believers were first called Christians"*

CANA: OUR 7-9 yrs.  
YOUTH GROUP

CANA IS CURRENTLY ON A  
BREAK FOR THE SCHOOL  
HOLIDAYS.

WE WILL RESUME ON THE  
23RD APRIL

**CANA**  
YOUTH GROUP



John 2:11 'The first of these miraculous signs,  
Jesus performed at Cana.'

## Bible Reading Group

Our Bible reading group are reading the last  
book of the New Testament,  
due to finish on the 31st March.

Join via our Facebook group [https://  
www.facebook.com/groups/1148887152176778/](https://www.facebook.com/groups/1148887152176778/)



Our young adults group will meet on Tuesday  
6th April, in the parish meeting room from 7:00-  
8:30pm. It will be a games and dinner night so  
bring some friends and board games along!

If you would like to come, please contact the  
Youth Minister Joanna on 0404 710 588 if you  
have any questions.

## Interparish Sports Day

### Hosted by Catholic Parish of Epping and Carlingford Youth

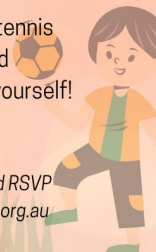
**Date:** 10th April, Saturday

**Time:** 9-1pm

**Location:** St Gerard's, parking on site at  
543 North Rocks Road, Carlingford, 2118

Play sports like basketball, futsal and table tennis  
Free refreshments and snacks provided  
Join with your parish youth group or come by yourself!  
High school to young adults welcome!

Contact Joanna the Youth Minister for enquiries and RSVP  
via mobile 0404 710 588 or email [joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au)



## Men of St. Joseph



Welcome all who want to join the  
group of "Men of St Joseph". We  
meet weekly to discuss, share our  
faith and support one another.  
We meet in the parish meeting room  
at Carlingford on a Thursday night  
commencing at 7:30pm.

Fr Bogdan

## Reflection – “Let the Christ, the King of Israel, come down now from the cross that we may see and believe.”

(Passion according to Mark)

### The Humiliation of Crucifixion

When Jesus sweated blood in the Garden of Gethsemane and asked his Father to let the cup of suffering pass him by he wasn't, for the most part, cringing before the prospect of brute physical suffering. He was cringing before the prospect of a very particular kind of suffering that is generally more feared than physical pain. When he asked God if it was really necessary to die in this way he was referring to more than death through capital punishment.

Crucifixion was devised and designed by the Romans with more than one thing in mind. *Jesus' crucifixion stretched his heart and made it huge in empathy, graciousness, and forgiveness.* It was designed as capital punishment, to put a criminal to death, but it aimed to do a couple of other things as well. It was designed to inflict optimal physical pain. Thus, the procedure was dragged out over a good number of hours and the amount of pain inflicted at any given moment was carefully calculated so as not to cause unconsciousness and thus ease the pain of the one being crucified. Indeed they sometimes even gave wine mixed with morphine to the person being crucified, not to ease his suffering, but to keep him from passing out from pain so as to have to endure it longer.

But crucifixion was designed with still another even more callous intent. It was designed to humiliate the person. Among other things, the person was stripped naked before being hung on a cross so that his genitals would be publicly exposed. As well, at the moment of death his bowels would loosen. Crucifixion clearly had humiliation in mind.

We have tended to downplay this aspect, both in our preaching and in our art. We have, as [Jürgen Moltmann](#) put it, surrounded the cross with roses, with aesthetic and antiseptic wrapping towels. But that was not the case for Jesus. His nakedness was exposed, his body publicly humiliated. That, among other reasons, is why the crucifixion was such a devastating blow to his disciples and why many of them abandoned Jesus and scattered after the crucifixion. They simply couldn't connect this kind of humiliation with glory, divinity, and triumph.

Interestingly there is a striking parallel between what crucifixion did to the human body and what nature itself often does to the human body through old age, cancer, dementia, AIDS, the Pandemic, and diseases such as Parkinson's, Lou Gehrig's, Huntington's, and other such sicknesses that humiliate the body before killing it. They expose publicly what is most vulnerable inside of our humanity. They shame the body.

Why? What is the connection between this type of pain and the glory of Easter Sunday? Why is it, as the gospels say, “necessary to first suffer in this manner so as to enter into glory?”

Because, paradoxically, a certain depth of soul can only be attained through a certain depth of humiliation. How and why is this so? It isn't easy to articulate rationally but we can understand it through experience.

Ask yourself this question with courage and honesty: what experiences in my life have made me deep? In virtually every case, I will venture to say, experiences that have deepened you will be incidents that you feel some shame in acknowledging, a powerlessness from which you were unable to protect yourself, an abuse from which you could not defend yourself, an inadequacy of body or mind that has left you vulnerable, a humiliating incident that once happened to you, or some mistake you made which publicly exposed your lack of strength in some area.

All of us, like Jesus, have also been, in one way or another, hung up publicly and humiliated. And we have depth of soul to just that extent.

But depth of soul comes in very different modes. Humiliation makes us deep, but we can be deep in character, understanding, graciousness, and forgiveness, or we can be deep in anger, bitterness, revenge-seeking, and murder. Jesus' crucifixion stretched his heart and made it huge in empathy, graciousness, and forgiveness. It doesn't always work that way. Many of our worst mass-murderers have also experienced deep humiliation and it too has stretched their hearts, except in their case it has made them deep in bitterness, callousness, and murder.

Several summers ago, I was at a conference at the University of Notre Dame where the Holy Cross community had gathered to prepare itself for the Beatification of its founder. Reflecting upon the spirituality of their founder, one Holy Cross member offered this challenge to his community: if you live inside of any family for any length of the time, at some point that family will injure you and wound you deeply. But, and this is the point, how you handle that wound, with either bitterness or forgiveness, will color the rest of your life!

In the crucifixion, Jesus was humiliated, shamed, brutalized. That pain stretched his heart to a great depth. But that new space did not fill in with bitterness and anger. It filled in instead with a depth of empathy and forgiveness that we have yet to fully understand.

Ron Rolheiser

*Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, [www.ronrolheiser.com](http://www.ronrolheiser.com).*

## COVID-19 Safety Plan

- ☐ We adhere to maximum number of person permitted in the church based on the two square metre rule (160 people at Epping and 290 at Carlingford).
- ☐ Coloured cards on the seats indicating seating positions ensure maximum separation.
- ☐ All are asked to sanitise their hands on entering & leaving and use the QR code or sign in the book.
- ☐ We ask the parishioners to sanitise the pew where were sitting after every Mass
- ☐ There is no physical exchange of the sign of peace.
- ☐ All are asked to maintain 2 metre spacing when coming forward for Holy Communion (which is given on the hand first and then those receiving on the tongue are asked to come up last).

### After Hours Sick Calls— 9876 2853

Outside office hours our office phones divert to Fr Jim and Fr Bogdan at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

**Admitted to Hospital** A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

**Ecumenical Relationships** Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West, Epping Uniting Church and Epping Baptist Church.

**Have You Told Us?** If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

**St Gerard's Catholic Primary School**  
Principal: Mrs Barbara Yee  
543 North Rocks Road, Carlingford  
2118  
P: 9871 1633  
[www.sgcdbb.catholic.edu](http://www.sgcdbb.catholic.edu)



## THE APOSTLES' CREED

I believe in God,  
the Father almighty,  
creator of heaven and earth,  
and in Jesus Christ, his only son, our Lord,  
who was conceived by the Holy Spirit, (all bow)  
born of the Virgin Mary,  
suffered under Pontius Pilate  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father  
almighty;  
from there he will come to judge the living and the  
dead.

I believe in the Holy Spirit,  
the holy catholic Church  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen



### Our Lady Help Of Christians Catholic Primary School

Principal: Ms Dominique O'Sullivan

8 Cambridge Street, Epping 2121 Ph: 9868 3322

[www.olhcdbb.catholic.edu.au](http://www.olhcdbb.catholic.edu.au)

Email: [olhc@dbb.catholic.edu.au](mailto:olhc@dbb.catholic.edu.au)

### E-Bulletin

If you would like to receive the bulletin by email, please send an email with e-bulletin as the subject title to: [mree@eppcarl.org.au](mailto:mree@eppcarl.org.au)

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## Useful Links

**Facebook:** <https://www.facebook.com/CatholicParishOfEppingAndCarlingford>

**Instagram:** <https://www.instagram.com/catholicparisheppcarl/>

**Fr Jim's Youtube:** <https://youtube.com/channel/UCLpbDNqP8u1Wx4Gm08jJydA>

**Epping and Carlingford Website:** <https://www.bbcatholic.org.au/eppingcarlingford>

**G.R.A.C.E podcast via internet:**

<https://open.spotify.com/show/1y2EWOfkWJMRN5tAWJN9am>

**Responsorial Psalm Response**

Ps:21:8-9.17-20.23-24 R. v. 2

My God, my God, why have you abandoned me?

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**Gospel Acclamation**

**Praise to you, Lord Jesus Christ, king of endless glory!**  
 Christ became obedient for us even to death, dying on the cross.  
 Therefore God raised him on high and gave him a name above all other names.  
**Praise to you, Lord Jesus Christ, king of endless glory!**

**WEEKEND MASSES****EASTER MASS TIMES CAN BE FOUND ON PAGE 2**

Epping	5:00pm Vigil, 8:30am, 10:15am, 6:00pm						
Carlingford	6:00pm Vigil, 7:45am, 9:30am						
	WEEKDAY MASSES						
	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
EPPING	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	
CARLINGFORD	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	
HEALING MASS	Carlingford—1st Thursday, Epping — 3rd Wednesday (no Healing Mass in Jan.)						
EXPOSITION OF THE EUCHARIST: Epping Saturday 9:45-10:15am, Carlingford, 4th Thursday 10:00am							
SACRAMENT OF RECONCILIATION: Epping Saturday 9:45-10:15am Carlingford Saturday 5:00—5:30pm OR BY APPOINTMENT							
BAPTISMS AND WEDDINGS: BY APPOINTMENT							
PARISH OFFICE: 29 Oxford Street, Epping NSW 2121 PH: 9876 2853 Email: parish@eppcarl.org.au							
ST GERARD MAJELLA PRIMARY SCHOOL: PH: 9871 1633 Email: sgc@dbb.catholic.edu.au							
OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH: 9868 3322 Email: olhc@dbb.catholic.edu.au							

**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:****Recently deceased:** Ken Ho, Srimathimary Fatima Ovans, Patricia (Paddy) Gleeson, Marie Lawson, Thomas Magee.**Anniversaries:** Chris Buttner**Also for:**

**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsys, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Brian Walsh, Patricia O'Connor, Kathy Noonan, Dorothy Bonaccorso, Margaret Floyd, Barbara Madafiglio, John Lyons, Bev Gibbeson, Radhi Riley, Patrick Thornton, Jan Doherty, Maureen McKeough, Ana Matijasic, Benjamin Verco, Peter Kelly, John Goodwin, George Bell, Patrick Thornton, Michael & Susan Tuite, Benjamin Verco, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley, Agnes Wong, Alex Benjamin Zaragoza, Amarech Zewolde, Janice Lemon, Mary Lou Pentony, Donald Wong, Joyce Heidke.

**Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the family.****Bushwalking and Activities**

'One of my 2021 New Year's Resolutions is to Bushwalk. I Googled 'bushwalking groups' and chose to join the Catholic Bushwalking Club (CBC). I have met the most friendly, hospitable, enthusiastic and experienced group of bushwalkers. So far I've enjoyed a 20km bushwalk with a lovely group of people, and the promise of more to come awaits me. There are graded walks for all abilities, during both weekdays and weekends.' from Felicity, a fellow Parishioner.

CBC also has abseiling, canyoning, camping, rock climbing, indoor climbing, rogaining, cross-country skiing, bike riding events, as well as social functions. To find out more, their website is [www.cbcsnw.org.au](http://www.cbcsnw.org.au), or you can call them on 0478 919427. More information is on the flyer on the Church noticeboard.

Date	Mass	Epping	Mass	Carlingford	Lectionary Cycle
01/04/21	7:30pm	Fr Jim McKeon	7:30pm	Fr Bogdan Skupien	Holy Thursday
02/04/21	3:00pm	Fr Jim McKeon	3:00pm	Fr Bogdan Skupien	Good Friday
03/04/21	7:00pm	Fr Bogdan Skupien	7:00pm	Fr Jim McKeon	Easter Vigil
04/04/21	8:30am	Fr Bogdan Skupien	7:45am	Fr Jim McKeon	Easter Sunday
04/04/21	10:15am	Fr Bogdan Skupien	9:30am	Fr Jim McKeon	Easter Sunday
04/04/21	6:00pm	Fr Jim McKeon			Easter Sunday